

## Blissful Mitts

By Kristen Ashbaugh Helmreich  
For Jimmy Beans Wool



When given the challenge to design a one skein project using Bijou Basin's Bijou Bliss yarn, Kristen knew immediately what to make! Fingerless mitts are a cold season staple, perfect for winter driving, cold days at the office, and of course knitting. They leave your fingers loose to allow for a little extra dexterity making them perfect for a range of uses. Kristen had knit a pair of fingerless mitts that she loved in an ultra-simple design last winter, but sadly the yarn choice left them looking a little ragged after wearing just a few times (see, even designers pick the wrong yarn sometimes!) She knew immediately that the Bijou Bliss would be perfect for a new version of these mitts because of its sturdy feel and fiber blend (Cormo Wool and Yak, yum!), so she cast on right away! The result is the Blissful Mitts-- blissfully easy to knit, and blissfully quick too! You'll be wearing these mitts in no time at all!

### Materials:

- 1 skein of Bijou Basin Ranch Bijou Bliss yarn
- 1 set (of 5) US 4 Double Point Needles
- Tapestry needle for weaving ends
- 2 stitch markers

**Finished Measurements:**

7" hand circumference (unstretched) x 8" upper arm circumference (unstretched) x 8.5" long

**Gauge:**

22 sts and 38 rows = 4" unblocked

**Abbreviations:**

k- knit

p- purl

pm- place marker

sl m- slip marker

k1f&b- knit one front and back (increase)

co- cast on

bo- bind off

Rnd: Round

St(s)- stitch(es)

**Broken Rib Pattern:**

Rnd 1: \*k1, p1; repeat from \* to end of round

Rnd 2: knit

**Pattern Note:** It is helpful if you have access to a scale that measures in grams (such as a digital kitchen scale) to split your skein into two smaller equal weight balls so that you know exactly how much yarn you have to work with each glove. The size I achieved used all but about 7 or 8 yds of yarn at this gauge. If you are not quite at the same stitch and row gauge, you may need to adjust the length of the arm of your glove to make sure you have enough yarn, or adjust needle size.

**Mitt Directions (make 2):**

CO 40 sts onto 4 of the DPNs. You should have 10 sts on each needle.

Join for knitting in the round.

Work in Broken Rib pattern for 4.75" ending after rnd 1 of the pattern.

## Thumb Gusset:

Set up rnd: K 18 sts, pm, k1f&b, k1, k1f&b, pm, k to end of round (5 sts between markers)

Rnd 1: Work in rnd 1 of Broken Rib pattern to marker, sl m, k2, p1, k2, sl m, work in Broken Rib pattern to end of rnd.

Rnd 2: k to marker, sl m, k1f&b, k to 1 st before marker, k1f&b, sl m, k to end of rnd. (7 sts between markers)

Rnd 3: Work in rnd 1 of Broken Rib pattern for the entire round, slipping markers as needed.

Rnd 4: k to marker, sl m, k1f&b, k to 1 st before marker, k1f&b, sl m, k to end of rnd. (9 sts between markers)

Rnd 5: Work in rnd 1 Broken Rib to marker, sl m, k2, (p1, k1) 2 times, p1, k2, sl m, work in Broken Rib to end of round.

Rnd 6: k to marker, sl m, k1f&b, k to 1 st before marker, k1f&b, sl m, k to end of rnd. (11 sts between markers)

Rnd 7: Work in rnd 1 of Broken Rib pattern for the entire round, slipping markers as needed.

Rnd 8: k to marker, sl m, k1f&b, k to 1 st before marker, k1f&b, sl m, k to end of rnd. (13 sts between markers)

Rnd 9: Work in rnd 1 of Broken Rib to marker, sl m, k2, (p1, k1) 4 times, p1, k2, sl m, work in Broken Rib to end of round.

Rnd 10: k to marker, sl m, k1f&b, k to 1 st before marker, k1f&b, sl m, k to end of rnd. (15 sts between markers)

Rnd 11: Work in rnd 1 of Broken Rib pattern for the entire round, slipping markers as needed.

Rnd 12: Knit around, slipping markers as needed.

Rnd 13: Work in rnd 1 of broken rib pattern to marker, remove marker, bo all sts to next marker (15 sts total) remove marker, work in rnd 1 of broken rib pattern to end of rnd.

## Finishing Hand:

Set up rnd: K to thumb opening, co 1 st tightly using a backwards loop cast on, rejoin knitting in the round on the other side of the inner thumb, knit to end of rnd.

Work in broken rib pattern for 2” more, or about 8 repeats of the pattern. (You should have enough yarn to knit another repeat if desired. Or, you can also try the mitt on as you go and make it shorter if needed.)

BO all sts and weave in ends with a darning needle.

Steam block if desired.